

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 9:00 Exercise with Phil (AR) 10:00 SPCA Visit (Lib) 11:00 Walking Club (L) 2:00 Jon Frank Jazz Band (AR) 4:00 Crossword (ART)</p>	<p>2 9:00 Exercise with Caroline (AR) 10:00 Tigges Jewelry (GR) 10:30 Bingo (AR) 1:30 Walking Club (L) 1:30 Frommcast: <i>From Romulus to the End of the World</i> ** (AR) 2:30 Matinee Movie (AR) 7:00 Movie (AR)</p>	<p>3 Local Shopping 10 am Portrait Photoshoots 10-1pm 9:15 Tai Chi with Janet (AR) 10:30 Creative Writing with Dorothy (AR) 1:15 Outing: Outdoor Walk at Francisco Park 1:30 Walking Club (L) 2:00 Met Opera Viewing (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)</p>	<p>4 Yom HaZikharon 9:00 Klezmercize with Bruce (AR) 10:00 AWE; Art with Yvette (ART) 1:30 Walking Club (L) 2:00 Activities Committee (ART) 3:30 Current Events with Jim (AR)</p>	<p>5 Yom HaAztma'ut Local Shopping 2:30 pm Portrait Photoshoots 10-1 pm 10:00 Exercise with Carl (AR) 1:15 Outing: SF Zoo & Gardens 1:30 Walking Club (L) 3:00 Scrabble (GR) 3:30 Frommcast: <i>The Early Romantics</i>** (AR) 7:00 Movie (AR)</p>	<p>6 9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer(G) 10:15 San Francisco Playhouse Presents... (AR) 10:30 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)</p>	<p>7 Synagogue Transportation 10:00 Chair Yoga with DVD (AR) 11:00 Walking Club (L) 1:00 Movie Committee (AR) 2:30 Broadway in HD: <i>Golda's Balcony</i> (AR) 4:00 Tech Support with Sabrina (Lib)</p>
<p>8 Mother's Day Portraits Photoshoots 10-2:30 pm 9:00 Exercise with Phil (AR) 10:00 SPCA Visit (Lib) 11:00 Walking Club (L) 2:00 Douglas Machiz Piano Performance (AR) 4:00 Crossword (ART)</p>	<p>9 9:00 Exercise with Caroline (AR) 10:00 Caregiver Support Group (ART) 10:30 Bingo (AR) 1:30 Walking Club (L) 1:30 Frommcast: <i>From Romulus to the End of the World</i> ** (AR) 3:00 Dining Committee (AR) 7:00 Movie (AR)</p>	<p>10 Local Shopping 10 am 9:15 Tai Chi with Janet (AR) 10:30 Lecture/Demo with Vereski Pass Duo (AR) 1:15 Outing: Hiller Aviation Museum 1:30 Walking Club (L) 2:00 Matinee Movie (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)</p>	<p>11 Shopping Delivery <i>Requests Due by 9 am</i> 9:00 Klezmercize with Bruce (AR) 10:00 AWE; Art with Yvette (ART) 1:15 Memory Loss Support Group (AR) 1:30 Walking Club (L) 3:30 Current Events with Jim (AR)</p>	<p>12 Local Shopping 2:30 pm 10:00 Exercise with Carl (AR) 12:30 Outing: Museum of African Diaspora 1:15 Chair Yoga with Ilya (AR) 1:30 Walking Club (L) 3:00 Scrabble (GR) 3:30 Frommcast: <i>The Early Romantics</i>** (AR) 7:00 Movie (AR)</p>	<p>13 9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer(G) 10:30 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)</p>	<p>14 Synagogue Transportation 10:00 Chair Yoga with Ilya (AR) 11:00 Walking Club (L) 1:30 Broadway in HD: <i>Phantom of the Opera</i> (AR) 2:15 Special Outing Event: The Paper Dreams of Harry Chin at SF Playhouse</p>
<p>15 9:00 Exercise with Phil (AR) 10:00 SPCA Visit (Lib) 11:00 Walking Club (L) 2:00 Craig Reese Duo; Piano & Violin (AR) 4:00 Crossword (ART)</p>	<p>16 9:00 Exercise with Caroline (AR) 10:30 Bingo (AR) 1:30 Walking Club (L) 1:30 Frommcast: <i>From Romulus to the End of the World</i> ** (AR) 2:30 Matinee Movie (AR) 7:00 Movie (AR)</p>	<p>17 Local Shopping 10 am 9:15 Tai Chi with Janet (AR) 10:30 Creative Writing with Dorothy (AR) 1:15 Outing: Outdoor Walk at Stow Lake 1:30 Walking Club (L) 2:00 Met Opera Viewing (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)</p>	<p>18 9:00 Klezmercize with Bruce (AR) 10:00 AWE; Art with Yvette (ART) 1:00 Rummikub (GR) 1:30 Walking Club (L) 2:00 Sports Talk with Hal & Ira (AR) 3:30 Current Events with Jim (AR)</p>	<p>19 Lag Ba'Omer Local Shopping 2:30 pm 10:00 Exercise with Carl (AR) 10:00 Hospitality Committee (ART) 11:30 Outing: Lunch Outing at Lake Chalet 1:15 Chair Yoga with Ilya (AR) 1:30 Walking Club (L) 2:00 Scrabble (GR) 3:00 Exotic History of Jews with Ken Blady (AR) 7:00 Movie (AR)</p>	<p>20 9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer(G) 10:30 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)</p>	<p>21 Synagogue Transportation 10:00 Chair Yoga with Ilya (AR) 11:00 Walking Club (L) 1:00 Movie Committee (AR) 2:00 Broadway in HD: <i>Pacific Northwest Ballet's A Midsummer Nights Dream</i> (AR) 4:00 Tech Support with Sabrina (Lib)</p>
<p>22 9:00 Exercise with Phil (AR) 10:00 SPCA Visit (Lib) 11:00 Walking Club (L) 2:00 Ian Scarfe and James Jaffe; Piano & Cello Performance (AR) 4:00 Crossword (ART)</p>	<p>23 9:00 Exercise with Caroline (AR) 10:30 Bingo (AR) 1:30 Walking Club (L) 1:30 Frommcast: <i>Docudrama & Mockumentary: "Fake News" on Stage and Screen</i> ** (AR) 2:30 Matinee Movie (AR) 7:00 Movie (AR)</p>	<p>24 Local Shopping 10 am 9:15 Tai Chi with Janet (AR) 1:15 Outing: Filoli Gardens 1:30 Walking Club (L) 2:00 Matinee Movie (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)</p>	<p>25 Shopping Delivery <i>Requests Due by 9 am</i> 9:00 Klezmercize with Bruce (AR) 10:00 AWE; Art with Yvette(ART) 1:00 Rummikub (GR) 1:30 Walking Club (L) 11:30 May Birthday Lunch 1:30 Walking Club (L) 2:00 Resident Council (OR) 3:30 Current Events with Jim (AR)</p>	<p>26 Local Shopping 2:30 pm 10:00 Exercise with Carl (AR) 1:15 Outing: California Historical Society 1:15 Chair Yoga with Ilya (AR) 1:30 Walking Club (L) 3:00 Scrabble (GR) 3:30 Frommcast: <i>The Early Romantics</i>** (AR) 7:00 Movie (AR)</p>	<p>27 9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer(G) 10:30 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)</p>	<p>28 Local Shopping 2:30 pm <i>Synagogue Transportation</i> 10:00 Chair Yoga with Ilya (AR) 11:00 Walking Club (L) 2:00 Broadway in HD: <i>Camelot</i> (AR)</p>
<p>29 Yom Yerushalayim 9:00 Exercise with Phil (AR) 10:00 SPCA Visit (Lib) 11:00 Walking Club (L) 2:00 Ari Caprow Jazz Duo (AR) 4:00 Crossword (ART)</p>	<p>30 Memorial Day 9:00 Exercise with Caroline (AR) 10:00 Caregiver Support Group (ART) 10:30 Bingo (AR) 1:30 Walking Club (L) 1:30 Frommcast: <i>Docudrama & Mockumentary: "Fake News" on Stage and Screen</i> ** (AR) 2:30 Matinee Movie (AR) 7:00 Movie (AR)</p>	<p>31 No Local Shopping 9:15 Tai Chi with Janet (AR) 10:30 RGP Book Club (AR) 11:30 Outing: Lunch Outing at Spark Social SF 1:30 Walking Club (L) 2:00 Met Opera Viewing (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)</p>	<p>LEGEND ** Frommcast video lecture series AR= Activity Room, second floor ART- Art Room, first floor GR- Game Room Lib- Library, 2nd floor OR- Olive Room, first floor P=Phone T=3rd Floor Patio Terrace Z=Zoom</p>	<p>SHOPPING DELIVERY SERVICE: Every two weeks, residents can place an order with staff for shopping delivery (Safeway/Walgreens only). Please note there is \$10 fee for this service! Please note Wheelchair Medical Appointments will NOT be available from 5/30/22 through 6/13/22!</p>	<p>Please Note: Activities and transportation are subject to change. Check Daily Schedule of Activities for the most accurate schedule. LOCAL SHOPPING is Tuesdays and Thursdays. To ensure the most accurate time, check in with Front Desk. MEDICAL DROP OFFS & PICK UPS are available Mondays, Wednesdays and Fridays. LAST MEDICAL PICK-UPS are 3:30pm. //// MEDICAL BUS (wheelchair accessible) drop offs must be scheduled at least 24 hours in advance and are on <u>Mondays</u>, and <u>Fridays</u>. SYNAGOGUE TRANSPORTATION (Saturday) drop offs must be scheduled at least 24 hours in advance. The earliest the van leaves is at 8:40 am.</p>	

